

## ABSTRACT

Applicator devices and related methods for applying a composition to a user are disclosed. An applicator device for applying a composition includes a flexible container configured to hold the composition. The device further includes a body  
5 containing a piercing section having a piercing element for piercing the flexible container upon movement of the flexible container from a storage position to a use position. The body also contains a passage in the flexible container. A flexible gripping section has a pair of opposing substantially planar elements for selective squeezing engagement of the flexible container to force the  
10 composition out of the flexible container. An applicator tip member coupled to the body receives the composition from the passage upon squeezing the flexible gripping section.